

LUKE CENTER FOR PUBLIC SERVICE

Service Learning Teacher Institute 2010

"Out-of-the-Box Nutritious Options"

Food-Related Movie List
adapted from www.seriousseats.com
February 2010

Food, Inc.

Documentary filmmaker Robert Kenner uses reports by "Fast Food Nation" author Eric Schlosser and "The Omnivore's Dilemma" author Michael Pollan as a springboard to exploring where the food we purchase at the grocery store really comes from, and what it means for the health of future generations.

Fresh: The Movie

The perfect follow-up screening to Food, Inc., it shows the flip side—positive change being created by farmers, students, thinkers and business people in the U.S. today. It'll make you want to get involved, too.

Communities Pulling Together

French Fries to Go

This documents Telluride, Colorado's quest to run city buses on recycled fryer oil.

Garden Cycles: Faces from the New Farm

The story of three women on a three-month bicycle-powered tour of urban gardens throughout the Northeast.

Polycultures: Food Where We Live

A look at communities in Northeast Ohio that are coming together to grow a more sustainable, just and local food system.

The Greening of Southie

The story of Boston's first LEED-certified residential green building and how it affected a community.

Eating Alaska

A documentary by a vegetarian filmmaker who moves to Alaska and marries a hunter. The film looks at the ethics behind food choices and how politics, society, religion and taste all play a role.

Sustainable Table: What's On your Plate?

Tracing West Coast food production from field to table.

To Market to Market to Buy a Fat Pig

Tours of outstanding farmers' markets from Baltimore to Hawai'i.

The Real Dirt of Farmer John

A look at one man and his family farm. Farmer John and his story will have you re-considering stereotypes about farmers.



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The Garden

An examination of the largest community garden in the U.S., 14 acres of green in South Central Los Angeles and the fight to keep it there.

Genetically Modified Food

The World According to Monsanto

A look at this behemoth of a multinational agricultural biotech corporation and its dominance of patents on genetically engineered seeds and pesticides.

Seeds of Deception

A focused look at how genetically-engineered food is making its way into our daily diets.

Bad Seed: The Truth about Our Food

A look at who is controlling the world's food supply and the consequences of genetically modified food on health.

The Future of Food

An examination of the complex web of market and political forces that affect what we eat and what we will eat in the future.

Food Matters

Taking a look at the often overlooked connection between food and our nation's current state of health. With the health-care debate raging, watching this film feels extra-timely and important.

Closer to your Plate

King Corn

An investigation of the staggering scale of the corn-related food economy in the U.S. in an entertaining way. While you're at it, check out Carey's two-part quest to go corn-free.

Two Angry Moms

Showing two angry (and awesome) moms striving to improve school lunch with simple changes, like having fresh fruits and vegetables included on cafeteria trays.

Our Daily Bread

Shot like a high end art-house film, this shows minute after minute of shocking footage of industrial food production and high-tech farming.

Super Size Me

Feels like a classic among all these newer films. Watch as Morgan Spurlock spends 30 days eating nothing but McDonald's while investigating the company's extremely long reach into school cafeterias and countries around the world.

Media That Matters: Good Food

A collection of 16 short films on food and sustainability.



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The Greenhorns

An upcoming film on enterprising, hopeful and young farmers who are bringing an infusion of youth and a wave of excitement to one of the oldest professions of all.

Food Fight

A look at the development of American agriculture and policy in the 20th century and the birth of the counter-revolution of the local and organic foods movement.

Food Stamped

This follows a nutrition educator and her husband as they do their best to eat healthy food on a \$50-a-week food stamp budget.

What's On Your Plate?

A documentary that follows two 11-year-old New Yorkers, Sadie and Safiyah, as they try to find out where the food on their plates comes from.

Short Movie Clip

<http://www.youtube.com/watch?v=eZlCoG6RMgs>

Watch Fifth Graders from Elysian Charter School in Hoboken, New Jersey, sing, dance and rock out (with costumes) to their original song, Who Put that Burger on Your Plate?. 2 min. 59 sec.

Films recommended by people on the Serious Eats movie list and blog

The End of the Line (overfishing)

Mondovino

We Feed the World (spread of intensive agriculture in Austria)

The Cove (sustainable seafood)

The Power of Community- How Cuba Survived Peak Oil

From the Ground Up (urban farming)

How to Save the World (biodynamic gardening)

Dirt, The Movie

In Good Heart

Nourish

The End of the Line

What's Organic about Organic? ("illustrates how the organic food debate extends well beyond personal choice and into the realm of social responsibility")

Big Sugar (CBS documentary about the past and present of sugar. Explores slave-like conditions in present day sugar plantations, as well as sugars/soft drinks role in obesity)



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