

# LUKE CENTER FOR PUBLIC SERVICE

## Service Learning Teacher Institute 2010

### "Out-of-the-Box Nutritious Options"

#### Community Shared Agriculture Group Activity

Timing	Activity Description	Supplies Needed	Notes
4:20 – 4:25	Table Introductions: Share name, school, grade level/dept., favorite or "dream" garden item		
4:25 – 4:30	Introduction to CSA Group Activity: Goals: 1.Appetizer for Main Course; 2. Get our creative juices flowing; Flow: Kitchen, Classroom, Meal Prep		
4:30 – 4:40	CSA du Jour in the Kitchen Activity: Create a menu together: appetizer, entrée, dessert items using as many of the ingredients in the box as possible. Share menus by table	CSA boxes on tables, plate for writing menus	
4:40 – 5:00	CSA du Jour in the Classroom Activity: Share sample ideas of using CSA items in the classroom. 3 minute "pressure cooker" brainstorming. Sharing and refining ideas for posting.	Post its	
5:00 – 5:15	Food prep by tables, posting of idea on charts	Post its, chart	
5:15 – 6:00	Gradual release of tables for dinner. Others can continue to post ideas, browse the charts...		



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